



Who should vaccinate themselves?

Everybody.

-> Especially those in high risk occupations (gardening, DIY, woodcutting, farming, etc.)

-> For **all** children,

The tetanus vaccination and boosters are obligatory until the age of 18yrs.

-> For **all** adults, boosters are necessary as shown by the schedule below.

TETANUS VACCINATION SCHEDULE

Initial-vaccination

- between 2 & 4 months
- 1st booster: 18 months
- 2nd booster : 6 yrs
- 3rd booster : 11- 13 yrs
- 4th booster : 16- 18 yrs

CHILD

ADULT

FR-CH recommendation: 1 BOOSTER EVERY 20yrs
until the age of 64, then every 10yrs

TETANUS



10 minutes for the vaccination,

Many years worry free...

What is tetanus?

-> It is a serious illness caused by the tetanus bacterium entering the body through an open wound.

The bacterium then secretes a violent poison which affects the nervous system.

-> Muscle spasms (usually starting with a stiff or “locked” jaw), can affect the whole body. It can lead to many complications and even death.

DID YOU KNOW:

30% of people are not up to date with their vaccination

Death occurs in one out of three cases of the disease

What to do in case of injury?



-> The tetanus bacterium generally lives in the soil and can enter the body through cuts and burns however minor.

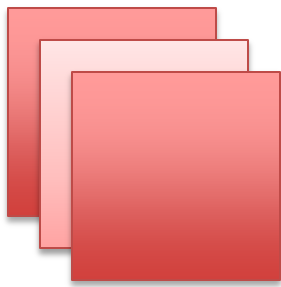
-> In case of injury all wounds must be cleaned (with water and soap).

Thoroughly disinfect the wound with a non alcoholic disinfectant for at least 2 minutes.

Cleaning alone will not completely eliminate the risk of contracting tetanus.

Only those who are up to date with their vaccination are fully protected against the disease.

Vaccinate yourself!



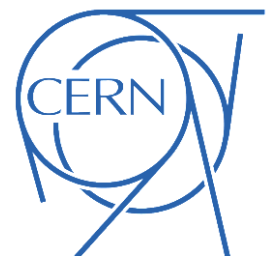
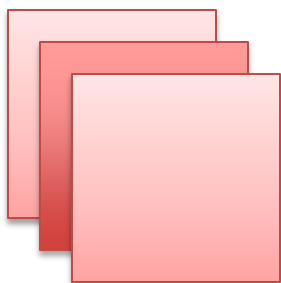
COMPLETE PROTECTION THE VACCINATION

The vaccination can be administered by CERN's nursing staff. In order to buy the vaccine, you can obtain a prescription from the infirmary or from a doctor during a medical visit.

Ensure you keep all documentation detailing the date of your latest tetanus vaccination.

**In the case of injury,
Visit the Medical Service**

The medical team will decide if a vaccination is needed depending upon the severity of the wound and your vaccine coverage.



GS/ME
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